

**GEORGIA HIGH SCHOOL ASSOCIATION**  
**P.O. BOX 271**  
**Thomaston, Georgia 30286-0004**  
**706-647-7473**

**WRESTLING WEIGHT VERIFICATION FORM**

This form is used by wrestling schools to weigh their wrestlers at their home school on the day of the meet and only during the 60-minute period just prior to the beginning of the academic school day. The purpose of this procedure is to make it unnecessary for an early dismissal of wrestlers and to allow the student to have a normal school day. This form must be completed in all respects and your wrestling coach must exchange this form with the wrestling coach of the other school just prior to the start of the meet.

SCHOOL \_\_\_\_\_

DATE \_\_\_\_\_ TIME OF DAY WEIGH-INS WERE MADE \_\_\_\_\_

Weight Classification	Name of Contestant (Write only one name in each space – use additional forms if necessary)	Actual Weight of contestant	Grade
103 lbs.			
112 lbs.			
119 lbs.			
125 lbs.			
130 lbs.			
135 lbs.			
140 lbs.			
145 lbs.			
152 lbs.			
160 lbs.			
171 lbs.			
189 lbs.			
215 lbs.			
275 lbs.			

We, the undersigned school administrator or athletic director (verifying administrator) **and** the wrestling coach, hereby certify that the weights recorded on this form are true, correct, and accurate in reference to each of the contestants listed; that the scales upon which these contestants were weighed were checked and were in balance at the time these weights were recorded; that the weights recorded are the minimum and true weights including fractional units of pounds.

\_\_\_\_\_  
 (Verifying Administrator)

\_\_\_\_\_  
 (Wrestling Coach)