GHSA Scoring Instructions and Rubric

Updated 6-19-2013

The KEY to this rubric and scoring system is to perform within the means of the squad's skill level, execute all skills solidly, and score high in the execution categories.

Definitions

- Fall: A body part coming into contact with the performance surface during the execution of a stunt/skill.
- <u>Drop:</u> A stunt/skill being attempted that comes down early. It may then be put up again; however, it is clear to the judges that the stunt was not executed as intended.
- Missed Stunt: A skill is attempted but does not hit the appropriate position or height as the other stunts. Ex: Failure to hit a heel stretch and instead remaining in a platform or liberty.
- Bobble: When a flyer hits a stunt/skill and wobbles, shakes, swings her arms but the stunt still remains in the air.
- True Full up: Bases remain stationary and flyer rotates 360°.
- **Entry**: The beginning or mounting phase of a stunt, where one foot/hand(s) starts on the performing surface or in a loading position.
- Structure: A place in a pyramid when flyers connect (hand-hand or hand-foot) and pause to show a defined position. This is also known as a picture.

Jumps

- Jumps should be performed as a team.
 - Squads can still complete jumps connected to tumbling. The jumps will be scored in jumps and the tumbling portion will be scored in standing tumbling.
- <u>Combo:</u> connected jumps without a pause in between. Ex: double toe touch or a toe touch, pike, hurdler, all connected.
- Variety: involves different jumps
 - Basic Jumps tuck jumps, spread eagles, banana jumps. DOD 1 2.
 - o Advanced Jumps herkie, hurdler, pike, double nine, toe touch. DOD 3 6.
- A right herkie, toe touch, left herkie all connected would complete the 3 jump triple combo requirement.

Standing/Running Tumbling

- Standing Tumbling: A tumbling skill (series of skills) performed from a standing position without any previous forward momentum. Any number of steps backward prior to execution of tumbling skill(s) is defined as "standing tumbling." (Source: usasf.net)
- Running Tumbling: Tumbling that is performed with a running start and/or involves a step or a hurdle (etc.) used to gain momentum as an entry to another skill. Any type of forward momentum/movement prior to execution of the tumbling skill(s) is defined as "running tumbling." (Source: usasf.net)

Entry into tumbling:

- o Judges will watch the entry into the skill.
 - Cartwheel: This will be called standing because that is what initiates the skill.
 - Round-off: This will be called "running" because of the momentum it generates.
 - A step hurdle into the cartwheel will be judged as "running".

■ Full through to full:

- o A team member performing a full through to full tumbling pass will count as two fulls.
- o Two will be the maximum credit given.

Specialty Pass:

- o Running tumbling with entries, including front walk-over/handspring, aerial, or punch front, ending in a tuck or higher.
- o Running tumbling involving skills, including back handspring step outs, whips, or arabians ending in a tuck or higher.

Standing and Running Tumbling recommendations:

o The judges need to see what the "Squad" can do as a whole. If squad "re-use/repeat" the same tumbler, judges will not be able to distinguish what the squad is capable of doing as a group. Therefore, it is recommended that teams tumble in sections of the routine as a squad and not randomly throughout the routine.

Partner Stunts/Tosses

- Entries:
 - o Basic Straight up to stunt, prep level stunts
 - o Intermediate Full up, half up to extension, switch up to prep level, and inversion from ground to prep level.
 - o Advanced True full up, switch up, ball ups*, invert to extended position or un-braced tick tock**.
 - *Note: For legal ball ups in partner stunts, a "quick toss" must be utilized. Please refer to ghsacheerleading.com for videos and NFHS 2-7-4.
 - ** Note: the un-braced tick tock must go from the performing surface or loading position to the extended position, power press/absorb to the prep position and tick tock to the extended position in one continuous motion in order to count as an entry. If the motion is not constant, this will not be considered an entry.
- Body positions: Liberty, Torch, Arabesque, Heel Stretch, Bow & Arrow, Scale, Scorpion, etc.
- Flexibility Skills: Heel Stretch, Bow & Arrow, Scale, Scorpion, and other skills demonstrating similar flexibility from the flyers.
- Main/Primary Stunts will normally include the squad's best and most creative stunts. To MAX out, the squad must complete the skills defined above for the main stunt, plus a Secondary Stunt.
 - o It is recommended that all required elements be executed during one section of the routine to receive full credit.
- Secondary Stunt must have the minimum required spotters and bases.
 - Examples coed style extensions, extended single leg stunts
 - o Dismounts specific dismounts are not necessary in secondary stunts
- <u>Tosses</u> can be used in place of the secondary stunt.
 - o Basic Straight rides, blow outs, pose
 - o Intermediate Single full, X outs, toe touch, pike
 - O Advanced Kick single or 1 ¼, hitch-kick single or 1 ¼, star single or 1 ¼

Dismounts

- o Basic Straight cradles from two legged stunts, pop downs
- o Intermediate − 1 ¼ rotation (twist) from prep level single leg position, full down from prep or extended position, 360 down (cork screw) from prep level to a squish or floor, 360 down (cork screw) from extended (two legged) position to a squish or floor, forward suspended roll
- Advanced 1 ¼ rotation (twist) from extended single leg position, 360 down (cork screw) from extended (single leg) position to a squish or floor
- <u>COED:</u> Coed teams will be required to demonstrate single based coed stunts during the Secondary Stunt sequence in order to score in the 6-8 DOD categories.
 - The male athletes must demonstrate the ability to get to hands without assistance (no secondary base or spotter may come into contact with the flyer or main base until the intended coed skill has hit) and then extend the stunt (using appropriate spotting technique).
 - The team is still required to put up the same number of Secondary Stunts to score within a specific DOD category; however, each male (up to 5 males) must complete the coed requirement.
 - Example: if a team of 16 members (with 3 male athletes) intends to MAX out, they would need to put up 5 secondary stunts with 3 of those groups main based by the 3 male athletes. The other 2 secondary stunts will be executed by the remaining female athletes.
 - o If a squad has more than 5 males on its team, their coach will choose the male athletes best suited to perform the 5 single based coed stunts.

Example: If a team of 16 members (with 10 male athletes) intends to MAX out, it would need to put up 5 secondary stunts with 5 of those groups main based by 5 of the 10 male athletes.

NOTE:

o If front spots are used on partner stunts, one point will be deducted from DOD. This applies to using a front spot on one or more stunt groups.

Pyramids

Keep in mind the total number of members on the floor. A squad of 16 will likely have a more intricate pyramid than a squad of 12.

Entries:

- o Basic Straight up to stunt, etc. Little creativity, not visual.
- o Intermediate Half up to any level, switch up to prep level, and inversion from ground to prep level. Moderate creativity, somewhat visual.
- o Advanced Full up, switch up, ball up, invert to extended position. Very creative, very visual.

■ Transitions:

- o Basic Show and go, single leg show and go, straddle sit, splits. Little creativity, not visual.
- o Intermediate Half around back to squish, full around back to squish, flat back into stunt, helicopter, power press, and other similarly difficult skills. Moderate creativity, somewhat visual.
- Advanced 1½ around back to squish, up and over, vault, and release transitions.
 - Release transitions loss of contact tricks in a pyramid. Ex: Braced tick tock, ball up, toe touch, full around, forward flip, backward flip, etc., that are very creative and visual.

Cheer/Dance

Cheer Incorporations:

One or more of the following must be incorporated into the cheer to receive maximum points: Jump, tumbling, stunts, tosses, and/or pyramids.

Cheer/Dance Recommendations:

- o A minimum of 3 eight counts of cheer with incorporations.
- A minimum of 4 eight counts of dance.

<u>Tables/ Charts</u> <u>Jumps, Standing & Running Tumbling</u>

		# of team members						
		16	15	14	13	12	11	10
# of	(-0)	16	15	14	13	12	11	10
members	(-2)	14	13	12	11	10	9	8
completing	(-4)	12	11	10	9	8	7	6
the skill	(-6)	10	9	8	7	6	5	4
	(-8)	8	7	6	5	4	3	2

- Total Team # -0 states that all members of the team should complete the skill.
- Total Team # -2 states that total members minus two must complete the skill.

Example: A team of 16 members must have at least 14 members complete a skill; therefore, two members are not jumping, tumbling and/ or etc.

- Note that the numbers are even numbers: -2, -4, -6, -8. Therefore, please understand that Total Team # -2 will encompass -2 and -1 team members. -4 will encompass -4 and -3 team members. Total team -6 will encompass -6 and -5 team members. Total team -8 will encompass -8 and -7 team members.
- Total Team # -6 states that only 10-11 members of a squad of 16 completed a skill.

Partner Stunts/ Tosses

Main Stunt		16	15	14	13	12	11	10
	(-0)	4	3	3	3	3	2	2
# of Stunt	(-1)	3	3	3	3	2	2	2
Groups	(-2)	3	3	3	2	2	2	2
	(-3)	3	3	2	2	2	2	1

Secondary Stunt		16	15	14	13	12	11	10
	(-0)	5	5	4	4	4	3	3
# of Stunt	(-1)	5	4	4	4	3	3	3
Groups	(-2)	4	4	4	3	3	3	2
	(-3)	4	4	3	3	3	2	2

<u>Tosses</u>		16	15	14	13	12	11	10
	(-0)	4	3	3	3	3	2	2
# of Groups	(-1)	3	3	3	3	2	2	2
	(-2)	3	3	3	2	2	2	2
	(-3)	3	3	2	2	2	2	1

- A team with 16 members will be expected to stunt 4 main stunts and either 5 secondary stunts or throw 4 tosses.
- A team of 16 members stunt 3 main group stunts (Total Groups -1) and 5 secondary stunts... if the squad maxes the DOD, the highest the squad would get would be a 7 in DOD. This squad would need to stunt 4 main groups to max DOD and score an 8.
- Keep in mind that these groups must complete all the skills outlined in the rubric to receive the highest score in DOD.
- If a team has a total of 15 members they are expected to stunt 3 main stunt groups and 5 secondary stunt groups and/ or 3 tosses with the required skills to max out the DOD points.

Example: One scenario might be - To score an 8 in DOD... A squad of 16 members full up 4 groups and then hits a heel stretch at the top. Then the 4 groups retake the stretch to a squish and moves to another formation. At this formation the 4 groups perform 4 switch ups to the extended position and perform a scorpion and scale with 4 advanced dismounts. The squad completes 5 extended single leg stunt groups elsewhere during the routine.

NOTE:

o (-1), (-2)... for COED secondary stunts does NOT refer to the number of male athletes to be used. This refers to the number of stunt groups.

Examples:

- 1. <u>Total Groups#-0</u> = a team of 16 with 1 male athlete they still have to put up a total of 5 secondary stunt groups (TG-0) but 1 of those groups must be coed. The other 4 can be all-girl.
- 2. <u>Total Groups#-1</u> = a team of 16 w/ 1 male athlete they still have to put up a total of 5 secondary stunt groups (TG-1) but 1 of those groups must be coed. The other 4 can be all-girl.
- 3. <u>Total Groups#-2</u> = a team of 16 with 1 male athlete they still have to put up a total of 4 secondary stunt groups (TG-2) but 1 of those groups must be coed. The other 3 can be all-girl.

2012 GHSA Competitive Cheerleading – Judging Score Sheet Rubric

				Jumps				
DOD	1		2	3	4		5	6
		<u>Total 1</u> Double co	<i>Feam # -4</i> mbo with	Total Team # -2 Double combo with	Total Team # -4 Triple combo of 3 different advanced jumps. Must be connected. Total Team # -0 Double combo with	Total Triple cordifferent jumps. M connecte	advanced ust be	Total Team # -0 Triple combo of 3 different advanced jumps. Must be connected.
	<u>Total Team # -2</u> Single jump or non connected jumps.	with no va	<u>ream # -0</u> p or non	variety or triple combo with no variety.	variety or triple combo with no variety.			
EXE	1-2			3-4	5-6			7-8
	poor form, dropping ches legs, poor timing	st, bent		nique, members w/ dropped chest	above average technique, timing, few flexed toes, n jumps			nique, perfect timing, arms in the same nissed jumps
				Standing Tumbl	ing			
DOD	1		2	3	4		5	6
	Forward rolls, back extension rolls, standing cartwheels.				Total Team # -6 Tucks or handspring tucks or handsprings to layouts, with 1 standing series to full/ standing full.	Tucks or tucks or I to layout standing standing	series to full/ full(s).	Total Team # -2 Tucks or handspring tuck or handsprings to layouts, with 3 or more standing series to full/ standing full(s).
		Tucks or h tucks or h to layouts	<u> Геат # -4</u>	Total Team # -6 Tucks or handspring tucks or handsprings to layouts. Total Team # -2 Handsprings	Total Team # -4 Tucks or handspring tucks or handsprings to layouts. Total Team # -0 Handsprings	Tucks and	Team # -2 d handspring nandsprings s.	
EVE	1.2				F.6			7.0
EXE	poor form and/ or techni and poor timing. majorit down/ bust		_	3-4 nique, good timing, ds down/ bust	5-6 above average technique, timing, limited hands dow	-		7-8 hique, perfect timing, no ng, stick landings w/
				Running Tumbli	ing			
DOD	1		2	3	4		5	6
	Running cartwheels and round-offs.				Total Team # -6 Round off tucks or handspring tucks with layouts, specialty passes, with 1 full.	Round of handspri layouts,	Team # -4 If tucks or Ing tucks with Ing tucks with Ingerialty Ingerialty Ingerial to the special to the specia	Total Team # -2 Round off handspring tucks. Combination of layouts, specialty passes, with 4 or more fulls.
		Round off or handsp or <u>Total 1</u> Layouts ar passes.	Team # -8 nd specialty	Total Team # -4 Round off tucks and/ or handspring tucks or Total Team # -6 Layouts and specialty passes.	Total Team # -2 Round off tucks and/ or handspring tucks or Total Team # -4 Layouts and specialty passes.			
		Round off	gs, limited	<u>Total Team # -0</u> Round off handsprings, limited tucks and variety.				
EXE	1-2			3-4	5-6			7-8
	poor form and/ or techni and poor timing. majorit down/ bust			nique, good timing, ds down/ bust	above average technique, timing, limited hands dow multiple steps			nique, perfect timing, no ing, stick landings w/ os

		# of members									
	16 15 14 13 12 11										
(-0)	16	15	14	13	12	11	10				
(-2)	14	13	12	11	10	9	8				
(-4)	12	11	10	9	8	7	6				
(-6)	10	9	8	7	6	5	4				
(-8)	8	7	6	5	4	3	2				

2012 GHSA Competitive Cheerleading – Judging Score Sheet Rubric

DOD	Mu ba: bo wit be ski ma	2 lust include 1 ssic entry plus 2 ody positions ith 1 of them eing flexibility iill. Less than	Total Groups#-1 Must include 1 basic entry plus 2 body positions with 1 of them being flexibility	Total Groups# -0 Must include 1 basic entry plus 2 body positions	5	6 Total Groups# -2 Must include 2	7 Total Groups# -1 Must include 2	8 Total Groups# -0
	Mu ba: bo wit be ski ma	dust include 1 asic entry plus 2 body positions ith 1 of them eing flexibility	Must include 1 basic entry plus 2 body positions with 1 of them	Must include 1 basic entry plus 2 body positions		Must include 2		
Must int basic en limited of flexibilit position than hal squad st	or no flee flee flee flee flee flee flee fle	ajority squad asic dismounts. Just include 1 asic entry with exibility skills/ ody positions. ne half the quad stunting. ess than ajority squad asic dismounts.	skill. Squad intermediate dismounts	with 1 of them being flexibility skill. Squad intermediate dismounts. Total Groups# -2 Must include 1 advanced entry to the extended position plus 2 body positions with 2 of them being flexibility skills. Squad intermediate dismounts, plus Total Groups#-3 extended secondary stunt	Total Groups# -1 Must include 1 advanced entry to the extended position plus 2 body positions with 2 of them being flexibility skills. Majority advanced dismounts, plus Total Groups#-2 extended secondary stunt	advanced entries to the extended position plus 3 body positions with 3 of them being flexibility skills. Majority squad advanced dismounts, plus Total Groups#-1 extended secondary stunt or intermediate tosses. Total Groups#-0 Must include 1 advanced entry to the extended position plus 2 body positions with 2 of them being flexibility skills. Squad advanced dismounts, plus Total Groups#-1 extended secondary stunt	advanced entries to the extended position plus 3 body positions with 3 of them being flexibility skills. Squad advanced dismounts, plus Total Groups#-2 extended single leg secondary stunt or advanced tosses.	Must include 2 advanced entries to the extended position plus 3 body positions with 3 of them being flexibility skills. Squad advanced dismounts, plus Total Groups#-0 extended single leg secondary stunt or advanced tosses.
	1-2 chnique, poor tir		average technique, multiple bobbles, n dismounts, 2 dropp	or basic tosses. Total Groups# -1 Must include 2 intermediate entries plus 2 body positions with 2 of them being flexibility skills. Majority intermediate dismount. 5 good timing, ot very clean	or intermediate tosses. Total Groups#-0 Must include 2 intermediate entries plus 2 body positions with 2 of them being flexibility skills. Squad advanced dismounts. 6- above average techtiming, few bobble	or intermediate tosses. COED secondary Total Groups#-2 Unassisted chair/shoulder sit to hands or walk in/toss to hands. Then up to extension.	COED secondary Total Groups#-1 Unassisted walk in or toss to hands. Then up to extended single leg or one arm stunt. 9- excellent technique no bobbles or miss clean dismounts, 0	e, perfect timing, ed stunts, very

Main Stunt		16	15	14	13	12	11	10
	(-0)	4	3	3	3	3	2	2
# of Stunt	(-1)	3	3	3	3	2	2	2
Groups	(-2)	3	3	3	2	2	2	2
	(-3)	3	3	2	2	2	2	1

Secondary Stunt		16	15	14	13	12	11	10
	(-0)	5	5	4	4	4	3	3
# of Stunt	(-1)	5	4	4	4	3	3	3
Groups	(-2)	4	4	4	3	3	3	2
	(-3)	4	4	3	3	3	2	2

<u>Tosses</u>		16	15	14	13	12	11	10
	(-0)	4	3	3	3	3	2	2
# of Groups	(-1)	3	3	3	3	2	2	2
	(-2)	3	3	3	2	2	2	2
	(-3)	3	3	2	2	2	2	1

2012 GHSA Competitive Cheerleading – Judging Score Sheet Rubric

		Pyramic	l	
DOD	1-2	3-4	5-6	7-8
	Basic pyramid that includes 1-2 connected structures with basic entries. Basic transitions/ connected release skills, lacking complexity. Little creativity and lacking visual.	Intermediate pyramid that includes 1-2 connected structures with moderately creative entries to the prep level position. Intermediate transitions/release transitions. Moderate creativity and somewhat visual.	Advanced pyramid that includes 2 pyramid structures with 1-2 advanced entries to the extended position (using 2 or more synchronized flyers), plus advanced transitions/release transitions. Creative and visual.	Highly advanced pyramid that includes 2 or more structures with 2 or more advanced entries to the extended position (using 2 or more synchronized flyers), plus 2 or more advanced transitions/release transitions. Highly creative and very visual.
EXE	1-2	3-5	6-8	9-10
	poor technique, poor timing, sloppy transitions, several bobbles and missed elements, multiple drops, poor dismounts	average technique, good timing, not very clean on transitions, multiple bobbles, missed elements, not very clean dismounts	above average technique, very good timing, clean transitions, few bobbles, few missed elements/drops, clean dismounts	excellent technique, perfect timing, very clean transitions, no bobbles or missed elements, very clean dismounts

	Dance									
DOD	1-2	3-4	5-6	7-8						
	Basic motions and transitions. Very few level changes. Little creativity and lacking visual.	Intermediate motions and transitions. Few level changes. Moderate creativity and somewhat visual.	Advanced motions, with advanced transitions and several level changes. Creative and visual.	Multiple advanced motions with advanced transitions and several level changes. Highly creative/original and very visual.						
EXE	poor technique, poor timing, sloppy transitions and formations	average technique, good timing, not very clean on transitions and formations	above average technique, very good timing, clean transitions and formations	excellent technique, perfect timing, very clean transitions and formations						

Cheer								
DOD	1-2	3	4	5				
	Less than majority squad incorporations. Basic transitions, lacking complexity. Little creativity and lacking visual. Cheer must include motions and words.	Half squad incorporations. Intermediate transitions. Moderate creativity and somewhat visual. Cheer must include motions and words.	Majority squad incorporations. Advanced transitions. Creative and visual. Cheer must include motions and words.	Full squad incorporations. Multiple advanced transitions. Highly creative and very visual. Cheer must include motions and words.				
EXE	poor technique, poor timing, sloppy transitions, and volume	average technique, good timing, not very clean on transitions, and volume	above average technique, very good timing, clean transitions, and volume	excellent technique, perfect timing, very clean transitions, excellent volume				

NOTE: Total team must cheer and dance to max out DOD

Georgia High School Association COMPETITIVE CHEERLEADING OFFICIAL'S SCORE SHEET

	SCHOOL	NUMBER ON SQUAD	CLASS/ REGION	OFFICIALS NUMBER					
JUMPS				Score					
☐ Good Technique	☐ Good Height	☐ Pointed Toes	☐ Good Timing	DOD	6				
☐ Improve Technique	☐ Missed Jumps	☐ Bent legs	☐ Timing Off	EXE	8				
STANDING TUMBLIN	NG								
☐ Good Technique	☐ Stuck Landings	☐ Good Form	☐ Good Timing	DOD	6				
☐ Missed Tumbling	☐ Hands Down/Bust	☐ Added Steps	☐ Timing Off	EXE	8				
RUNNING TUMBLIN	G								
☐ Good Technique	☐ Stuck Landings	☐ Good Form	☐ Good Timing	DOD	6				
☐ Missed Tumbling	☐ Hands Down/Bust	☐ Multiple Steps	☐ Timing Off	EXE	8				
PARTNER STUNTS/T	OSSES								
☐ Good Technique	☐ Clean Dismounts	☐ Missed Stunts	☐ Good Timing	DOD	8				
☐ Bobbles	☐ Poor Dismounts	☐ Dropped Stunts	☐ Timing Off	EXE	10				
PYRAMIDS									
☐ Good Technique	☐ Clean Transitions	☐ Clean Dismounts	☐ Good Timing	DOD	8				
☐ Drops	☐ Improve Formations	☐ Missed Elements	☐ Timing Off	EXE	10				
DANCE									
☐ Advanced Motions	☐ Level Changes	☐ Creative & Visual	☐ Good Timing	DOD/					
☐ Clean up	☐ Formation Off	☐ Improve Transitions	☐ Timing Off	EXE	8				
CHEER/CHANT					,				
☐ Good Technique	☐ Creative & Visual	☐ Good Motions	☐ Good Timing	DOD/	_				
☐ Add Incorporations	☐ Improve Transition	s 🗆 Include Words	☐ Timing Off	EXE	5				
CREATIVITY									
☐ Creative	□ Visual	☐ Add Creativity	☐ Add Visuals		3				
FORMATIONS/TRAN	NSITIONS								
☐ Fluid Movement	☐ Good Spacing ☐	Nice Variety	☐ Good Timing		3				
☐ Improve Transitions	s □ Clean Up □	Improve Formations	☐ Timing Off						
SHOWMANSHIP									
☐ Crowd Appeal	☐ Good Energy	☐ Good Facials	☐ Clean/Solid	3					
☐ No Crowd Appeal	☐ Add Energy	☐ Improve Facials	☐ Add Variety						
Official				TOTAL					
Signature				SCORE					