2025 Competitive Cheerleading Safety Infraction Sheet



Zozo Compen	tive encerteading safety	y minachoi	1 SHCC		
SCHOOL					
CLASS/REGION		DATE			
Indicate in the cor	rect time box below when and where or combin	on the mat the a		red by usin	g the correct symbol
PS – Partner Stunt	T – Tumbling PY – Pyramid	X – Fal	l O – Ou	t-of-bounds	W – Warning
0 to 30 sec.	30 sec. to 1 min. 1 min	n. to 1:30 min.	1:30 to 2:00	min.	2:00 to 2:30 min.
	2-Point Infractions	ONT OF MAT			
Improper uniforms, unsa	Hair, hair pieces/devices, nails, jewelr fe performing surface, inattentive spotter, turn beginning with one foot on the floor, etc.; Mi	ry, glitter. nbling outside the ro	utine, top person <u>no</u>		RNING(S): Include Rule Number & Section
	RULE NUMBER	QTY	TOTAL DEDUCTION		
Rule: Sect:			DEDUCTION		
Rule:Sect:					
Rule: Sect:					
FALLS: Total for tumbling	g; Total for stunting				
OUT-OF-BOUNDS					
NEW	5-Point Infractions				
NFHS	- Rule 2 Sections 2 – 10; Safety Infraction		Тоты		
	Rule Number	QTY	DEDUCTION		
Rule:Sect:					
Rule:Sect:					
Rule: Sect:					
DELAY OF MEET					
TIME OF ROUTINE:		econds over			
	portion over) Solution over over over over over over over over				
NF	THS – Rule 1 Section 2 - Sportsmanship; M	inus 10 points each			
	RULE NUMBER	QTY	TOTAL DEDUCTION		
Explanation:					
GHSA – Too many tean	<u>DISQUALIFICATIONS</u> m members; illegal substitution; or unauthoriz other items that may be used as si		eks, T-shirts, or any		
Explanation:					
Head Judge		1			
Table Safety			TOTA		
Floor Safety			DEDUCTT		

2025 Competitive Cheerleading Official's Score Sheet Panel A – Jumps/Cheer/Dance/ORC



	NUMBER ON SQUAD	CLASS/ REGION			PANEL				
								A	
JUMPS							<u> </u>		
	Areas o	f EXE Improvement						SCORE	
□ Landings	☐ Height	☐ Dropped Chest	□ Sync	hronized/Timing		DOD	(
☐ Pointed Toes	☐ Form	☐ Arm Placement	□ Legs	Not Horizontal		DOD	6		
☐ Straight Legs	☐ Formation	☐ Missed Jumps				EXE	8		
						Decima			
CHEER/CHANT									
	Areas o	f EXE Improvement							
☐ Creative & Visual	☐ Add Motions	☐ Formations	☐ Sync	hronization		DOD/	5		
☐ Transitions	☐ Projection	☐ Energy	☐ Invol	ve Total Team		DOD/ EXE			
☐ Sharpness	□ Volume	☐ Say Words	□ Need	ls More Counts		Decima			
□ Pace	☐ Timing	☐ No Incorporation	ns			.5 permitted			
DANCE									
	Areas o	f EXE Improvement							
☐ Creative & Visual	□ Rhythm	☐ Motions	☐ Sync	hronization		DOD/	7		
☐ Formations	☐ Choreography	☐ Pace	☐ Need	s More Counts		EXE			
□ Energy	☐ Transitions	-				Decima			
☐ Showmanship ☐ Intricacy ☐ Involve Total Team				.5 permi	tted				
OVERALL ROUTINE	E COMPOSITION	N							
Areas of EXE Improvement									
☐ Creative & Visual	☐ Clean up	☐ Energy/Enthusiasn	n 🗆 Drop	ped/Missed Skill	ls				
☐ Showmanship	☐ Variations	☐ Synchronized/Tim	ing □ Struc	ture/layout of ro	utine	EXE	7		
□ Falls	☐ Formations	□ Slow Flow/Pace □ Intric				Decima			
☐ Lacks Innovation	☐ Transitions	☐ Fast Flow/Pace	Pace			.5 permitted			
☐ Tumbling Technique/Performance ☐ Stunting Technique/Performance									
SUBTOTAL SCORE									
LEGIBLY SIGN YOUR FULL NAME									
OFFICIAL 1 SIGNATURE			OFFICIAL 2 SIGNATURE						

2025 Competitive Cheerleading Official's Score Sheet Panel B – Standing/Running Tumbling



	SCHOOL			NUMBER ON SQUAD		LASS/ GION		PANEL
								В
STANDING TU	MBLING							
	Areas of EXE	Improvement						SCORE
☐ Technique	☐ Landings	☐ Form/Stability		Synchronized/Tir	ming DOD		6	
☐ Choreography	y Precision	☐ Straighten Legs		Hands Down		БОБ	0	
☐ Legs Apart	☐ Formation/Spacing	☐ Missed Tumblin	g 🗆 1	Multiple Steps		EXE	8	
☐ Height	☐ Falls					Decima .5 permi		
RUNNING TUMBLING								
Areas of EXE Improvement								
☐ Technique	☐ Landings	☐ Form/Stability		Synchronized/Ti	ming	DOD	6	
☐ Choreograph	y Precision	☐ Straighten Legs		Hands Down		עטע	6	
☐ Legs Apart	☐ Formation/Spacing	☐ Missed Tumblin	g 🗆]	Multiple Steps		EXE	8	
☐ Height	□ Falls	☐ Use of Floor				Decima .5 permi		
SUBTOTAL SCORE								
LEGIBLY SIGN YOUR FULL NAME								
OFFICIAL 3 SIGNATURE			ICIAL 4 NATURE					

2025 Competitive Cheerleading Official's Score Sheet Panel C – Partner Stunts/Pyramids



SCHOOL				NUMBER ON SQUAD		CLASS/ REGION		PANEL	
								C	
PRIMARY PARTNER STUNTS									
Areas of EXE Improvement							SCORE		
☐ Missed Stunts	□ Bobbles	☐ Flyer Form	☐ Formations		D	DOD 8	0		
☐ Dropped Stunts	☐ Precision	☐ Flexibility	□ Syn	☐ Synchronized/Timing			ð		
☐ Cleanup Dismounts	☐ Lacks Stability	☐ Stunt Movement	□ Stu	☐ Stunt Technique		XE	10		
☐ Missed Dismounts	□ Falls	☐ Missed Body Pos	ition			cimal o			
SECONDARY STUNT	rs/ Tosses/Coe	ZD.							
	Areas of l	EXE Improvement							
☐ Missed Stunts	☐ Bobbles	☐ Flyer Form	□ For	rmations	SQ	SQUAD			
☐ Dropped Stunts	☐ Precision	☐ Flexibility	□ Syn	nchronized/Timi	D/	DOD	5		
☐ Cleanup Dismounts	☐ Lacks Stability	☐ Stunt Movemen	t □ Stu	ınt Technique	E	XE	6		
☐ Toss Technique	☐ Toss Height	☐ Stunt Movemen	t			cimal o			
☐ Did Not Meet Coed Requirements ☐ Coed Technique ☐ Required H				old Count Not M	et	OED OD	5		
PYRAMIDS									
	Areas of l	EXE Improvement							
☐ Flyer Form	☐ Formations	☐ Cleanup Releases	□ Syı	nchronized/Timi		OD	0		
☐ Precision	□ Drops	☐ Slow Flow/Pace	□ Im	prove Transition		OOD 8			
☐ Lacks Stability	☐ Bobbles	☐ Fast Flow/Pace	□Со	nnections	E	XE	10		
☐ Missed Elements	□ Falls	☐ Stunt Movement	□ Stu	ınt Technique		cimal o			
SUBTOTAL SCORE									
LEGIBLY SIGN YOUR FULL NAME									
Operora 5				IIE					
OFFICIAL 5 SIGNATURE			OFFICIAL 6 SIGNATURE						