

GEORGIA HIGH SCHOOL ASSOCIATION

MINUTES

BOARD OF TRUSTEES May 21, 2020

A meeting of the Board of Trustees of the Georgia High School Association was called to order at 3:00 p.m., on May 21, 2020 by Glenn White, President. The meeting was held electronically. The following took part: (present - 12; absent - 0)

Scarlett Grantham - sub	Jim Finch	Jesse Crews	Dawn Odom
Steven Craft	Joe Lancaster	Michelle Masters	Glenn White
Curt Miller	Jasper Jewell	Kandice Mitchell	Lisa Moore

DIRECTOR'S REPORT:

Following an invocation by Associate Director Carror Wright, Executive Director Robin Hines addressed the committee on several issues, First was the postponed spring meeting of the State Executive Committee. The BOT indicated a desire to have a face-to-face meeting, when possible, and it was determined that the schedule of proposals would allow for a one-day meeting.

"We are looking at the end of June," said Hines. "And if everybody is OK with a one-day, drive-in meeting, then we will get back to you with an exact date as soon as possible."

Hines reminded the committee that there also would be a second meeting later in the summer when the newly elected State Executive Committee members would come together for the first time to elect a new Board of Trustees. Hines said he still planned to have a training meeting for Region Secretaries on the morning of the day the new SEC meets. Again, no date has been set.

Hines then got to the main reason for the meeting, the announcement of a starting date for GHSA athletes to begin conditioning and the restrictions that will be in place. Hines read the documentation (see next four pages) to the committee and spoke of the awesome work done by the Sports Medicine Advisory Council in preparing these measures.

Hines then opened the meeting up for questions and comments.

The BOT uniformly praised the recommendations and restrictions and complimented Hines and others for their hard work on this issue. The only negative feedback was a feeling from many that the proposed starting date of June 1 was too soon for school systems to get everything ready to abide by the restrictions.

Steven Craft (Fulton County Schools), Jasper Jewell (Atlanta Public Schools) and Curt Miller (Henry County Schools) all pointed out that it would be more difficult on larger school systems to be ready by June 1 than for single-school systems.

"I don't have any problems with the plan itself," said Miller. "It's the June 1 date. If we could just push that back a week, it would make things a lot easier on the larger systems."

Craft agreed. "I think we are throwing it out there too soon," he said. "I just don't see why we can move it a little later."

President Glenn White said, "I'm fine with the June 1 date, but if moving it to June 8 will help our larger systems get things in place and make it safer for our kids and coaches, then I have no problem with that."

After several other BOT members made similar statements, Hines said the decision would be made to change the date to June 8.

Assistant Director Ernie Yarbrough took the opportunity to thank Scarlett Grantham for her help with Girls Flag Football, and White then adjourned the meeting.

GEORGIA



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HIGH SCHOOL ASSOCIATION

May 21, 2020

Memo

To: Member Schools

From: James R. Hines, Jr.

Re: Returning to Conditioning

The Georgia High School Association will open up conditioning for its member schools on June 8, 2020. The plan is restrictive and provides for conditioning only. As the data related to COVID-19 continues to improve, restrictions may be reduced after input from our health care professionals and guidance from our Governor. Please make every effort to follow the recommendations and restrictions included in the guidance provided. As you return to conditioning, keep in mind that the majority of your athletes have “deconditioned” the past two months and need to work into what would be normal for this time of year. Reduce the work and gradually increase the workouts with time.

Finally, ensure that your school and system leadership are aware of this guidance and have the opportunity provide input into your plan to move forward with conditioning and for preparing and maintaining your facilities. Keep in mind that member schools may be more restrictive than the guidance but may not be less restrictive. There has never been a time more critical time for athletic departments, school administration, and system level administrators to work together.

Thank you for all you do for your athletes and please follow the guidance appropriately and keep everyone safe.

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HIGH SCHOOL ASSOCIATION

Guidance for returning to conditioning on June 8, 2020 with recommendations and/or restrictions

- All summer work is voluntary.
- Schools/ School Systems may be more restrictive than the GHSA but not less.
- Workouts are conditioning only, no balls or sport specific equipment.
- Member schools should prepare an Infectious Disease Prevention Plan prior to staff and athletes returning to conditioning.
- It is recommended that staff and athletes are screened prior to each workout (see sample monitoring form attached).
- Signage should be posted on site with the following:
 - Do you or have you had a fever in the last week?
 - Have you been diagnosed with COVID-19?
 - Have you been in contact with anyone diagnosed with COVID-19?
 - Have you traveled to a “hot spot” for COVID-19?
- Groups of 20, including coaches, for workouts **per sport** at any given time at the campus/facility.
- Groups should be the same individuals (including coaches) for each session to limit risk of exposure. Student or coaches CANNOT change groups for the duration of this guidance.
- No use of locker rooms or shower facilities. Students should report to the facility dressed to condition and shower at home.
- Weight equipment should be cleaned prior to each workout and sanitized between use by each student.
- Hand sanitizer should be plentiful and readily available.
- Each student should have their own personal water bottle. No use of water fountains or “water cows” is allowed.
- Side spots only in weight training, safety bars are preferred.
- Social distancing should be adhered to always and masks/face covering are recommended for the weight room.
- At least 15 minutes should be scheduled between groups to allow for disinfecting the facility.
- There is no competition allowed between schools.
- No visitors are allowed at conditioning sessions.

Recommendations and restrictions are fluid and subject to change. Safety must be our top priority.



GHSA Workout Questionnaire



- Athletes should answer the questions below before being allowed to workout. If the answer is yes to any of the questions below, the athlete should not participate in any workouts for a 14-day period.
 - Do you or have you had a fever in the last week?
 - Have you been diagnosed with COVID 19?
 - Have you been in contact with anyone diagnosed with COVID 19?
 - Have you traveled to a “hot spot” for COVID 19?

