

GHS State Gymnastics Meet

Warm-Up Schedule

	VAULT	UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
	North Oconee & Journey Gurley * AA Madison County	Buford & Madelyn Crow * AA Pike County	Denmark	Westminster & Emma Pachuta AA Oconee HS
4:15 – 4:25	10 minutes	10 minutes	8 minutes	10 minutes
	Cambridge	West Forsyth & Trinity Sawyer * AA Northview HS	Etowah & Rubylyn Goad * AA Newnan	Lambert & Altagracia Frazier * – Tuckee Elyssa Roberts* AA - Tift
4:26 – 4:38	8 minutes	10 minutes	10 minutes	12 minutes

	VAULT	UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
	Westminster & Emma Pachuta AA Oconee HS	North Oconee & Journey Gurley AA Madison Co.	Buford & Madelyn Crow * AA Pike County	Denmark & Lauren Finch* Carrollton
4:39 – 4:49	10 minutes	10 minutes	10 minutes	10 minutes
	Lambert & Elyssa Roberts * AA Tift County	Cambridge	West Forsyth & Trinity Sawyer* AA Northview	Etowah & Rubylyn Goad AA –Newnan Jada Reece *- Newnan
4:50 – 5:02	10 minutes	8 minutes	10 minutes	12 minutes

	VAULT	UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
	Denmark	Westminster & Emma Pachuta AA – Oconee Emma Gregory* - Oconee	North Oconee & Journey Gurley AA Madison County	Buford & Madelyn Crow*AA Pike County
5:03 – 5:15	8 minutes	12 minutes	10 minutes	10 minutes
	Etowah & Rubylyn Goad * AA - Newnan Mikayla Burton * - Newnan	Lambert & Altagracia Frazier*-Tucker Elyssa Roberts AA - Tift	Cambridge & Angelina Cacciatore* - Milton Marcela Bonifasi* - Roswell	West Forsyth & Trinity Sawyer AA Northview
5:16 – 5:28	12 minutes	12 minutes	12 minutes	10 minutes

	VAULT	UNEVEN BARS	BALANCE BEAM	FLOOR EXERCISE
	Buford & Madelyn Crow* AA Pike County	Denmark	Westminster & Emma Pachuta* AA Oconee	North Oconee & Journey Gurley* AA Madison County
5:29 – 5:39	10 minutes	8 minutes	10 minutes	10 minutes
	West Forsyth & Trinity Sawyer* AA Northview	Etowah & Rubylyn Goad* AA Newnan	Lambert & Elyssa Roberts AA - Tift	Cambridge
5:40 – 5:50	10 minutes	10 minutes	10 minutes	8 minutes

There will be a 1 minute break between rotations