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HIGH SCHOOL ASSOCIATION

Revised Guidance conditioning starting on June 22, 2020 with recommendations and/or restrictions

- ➤ All previous guidance and restrictions remain in place except the changes below.
- ➤ Workouts are conditioning only (no scrimmaging); sports specific equipment (including balls) may be used and should be sanitized between sessions.
- ➤ Groups of 50 (two existing groups should be combined into one group), including coaches, for workouts **per sport** at any given time at the campus/facility.