

GHSA State Cross Country Meet Course Preview Instructions

1. Course Preview, Practice and Early Packet Pickup Times: State Meet Course Map (<https://www.ghsa.net>)

COACHES ONLY are allowed to pick up team packets.

Early packet pickup available and replacements on roster Declaration Forms accepted

a. **Thursday, November 3, 2022: 3:30-5:30pm** – Course open for preview and practice **ONLY** for participants in Friday's races.

b. **Friday, November 4, 2022: 3:30-5:30pm** – Course open for preview and practice for participants in Saturday's races. The Course is **CLOSED** on Friday after the conclusion of Friday's races until 3:30pm in order for Meet Management to re-mark and re-condition the Course.

Coaches and teams MUST adhere to the published times for which the course is open for preview and practice. The Carrollton Greenbelt is adjacent to the Carrollton Elementary School campus for practice.

NO teams or individual athletes competing on Friday, November 4 will be allowed on the course on Thursday, November 3 other than during the published 3:30-5:30pm time.

NO teams or individual athletes competing on Saturday, November 5 will be allowed on the course on Friday, November 4 other than during the published 3:30-5:30pm time.