

## 2021 Volleyball Referee Study Guide

R1/S1 – Right back  
R2/S2 – Right front  
R3/S3 – Middle front  
R4/S4 – Left front  
R5/S5 – Left back  
R6/S6 – Middle back

1. The block does not count as one of the three team contacts.

True or False

2. Team A's coach informs the referees that one of his players has a history of concussions and has been granted a medical waiver from GHSA to wear a soft helmet. The referees allow the player to participate while wearing the helmet.

True or False

3. When referees become concerned for the safety of players, they may determine that the match cannot continue under the current conditions, including a court that becomes extremely slippery on a very humid day.

True or False

4. The second referee should use preventative officiating to keep the coach from receiving a delay when requesting a 3<sup>rd</sup> time out.

True or False

5. The referee should check the referee stand to make sure it is sturdy and safe before climbing the ladder.

True or False

6. Team S players #2 and #7 collide as they play the ball. Player #2 is injured, so the first referee stops play and issues a replay. While a trainer is examining #2, Team R's coach requests a substitution #8 for #5. The second referee allows the substitution request.

True or False

7. Immediately after a time-out, the assistant scorer notifies the second referee that Team A #12 is on the court instead of the libero; the libero was on the court for #12 when the time-out was called. The second referee corrects the improper libero replacement, and Team A is assessed an unnecessary delay sanction.

True or False

8. The back row blocker is reaching higher than the net; a portion of the ball is below the top of the net when it contacts her shoulder. This is considered the team's first contact.

True or False

9. A rally is stopped due to an injured libero. The coach determines the libero will not continue, and the player whom the libero replaced returns to the court. The coach then requests a substitution for the player who replaced the injured libero. The second referee informs the coach that a substitution is not permitted until there has been a completed rally.

True or False

10. A player is allowed to tape her earrings.

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### True or False

11. Name the one thing the second referee is not allowed to whistle.
  - A. Antenna fault on his/her side of the court
  - B. Net faults at the top and bottom of the net
  - C. Ball handling
  - D. Positional faults on the receiving team.
  
12. The attack line should be the following?
  - A. A shadow-bordered line
  - B. Can be the same color as the floor
  - C. Must be white in color
  - D. Shall be solid and of one clearly visible color
  
13. How much time does the server have to serve the ball?
  - A. 5 seconds with one re toss per rotation
  - B. 8 seconds with a re toss after every serve
  - C. 5 seconds with a re toss after every serve
  - D. 8 seconds with one re toss per rotation
  
14. The GHSA officials uniform consist of:
  - A. Zebra striped shirt, black pants, black shoes, black socks, black belt
  - B. Black pants, white shoes, white socks, belt optional
  - C. Navy blue pants, white shoes, white socks, blue or black belt (if belt loops)
  - D. Black pants, black shoes, black socks, black belt, white shirt
  
15. How many substitutions are allowed per team for each set?
  - A. 18
  - B. 15
  - C. 12
  - D. 16
  
16. Team S #8 goes back to serve. (This will result in a wrong server.) First referee whistles and beckons for service. #8 tosses the ball up and lets it drop to the floor. The first referee whistles and issues a re-serve. The correct server #10 grabs the ball and the referee whistles and beckons for service.
  - A. Unnecessary delay warning
  - B. Illegal, Team R receives the ball
  - C. Legal, play continues with no further action
  - D. Time-out
  
17. Only one coach is allowed to stand. The second coach shall remain seated (when benches are present) on the bench during a set except to...
  - A. Stand at the bench to greet a replaced player
  - B. Confer with players during time-outs
  - C. Spontaneously react to an outstanding play
  - D. All of the above
  
18. How much time is each team allowed for warm ups?

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- A. 5-5 (5 minutes serving team, 5 minutes receiving team)
- B. 2-4-4 (2 minutes' ball handling, 4 minutes serving team, 4 minutes receiving team)
- C. 4-4-2 (4 minutes serving team, 4 minutes receiving team, 2 minutes serving)
- D. 3-3-1 (3 minutes serving team, 3 minutes receiving team, 1 minute serving)

19. During the second set, a Team A player is injured and unable to continue playing. There are two substitutes on the bench, #19 and #6, both of whom have been in the match for players other than the injured one. Team A has used both of their time-outs. What is the correct action to be taken?

- A. Either #19 or #6 may be substituted for the injured player. The injured player may return to the set with approval from a trainer or medical personnel.
- B. Either #19 or #6 may be substituted for the injured player. The injured player may not return to the set.
- C. Grant a special three-minute injury time-out to Team A. If the player is still unable to play at the end of the injury time-out, Team A defaults the set.
- D. Either #19 or #6 may be substituted for the injured player. The injured player may not return to the match.

20. The Team B libero wears a multi-colored jersey that is half white and half red. Which of the following is permitted as the uniform for the libero's teammates?

- A. A solid-colored red jersey.
- B. A solid-colored white jersey.
- C. A solid-colored navy blue jersey.
- D. A multi-colored red and white jersey with the color scheme reversed compared to the libero's jersey, with navy blue shorts.

21. A libero shall not:

- A. Rotate to the front row
- B. Block or attempt to block
- C. Set the ball using overhead finger action while on or in front of the attack line extended, resulting in a completed attack above the height of the net.
- D. All of the above

22. Once the first referee issues a replay, what can happen before the next beckon for serve?

- A. No request can be made.
- B. A time out can be requested.
- C. A substitution can be requested
- D. A libero replacement

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23. Player #8, the correct server for Team S, serves three points. After #8 contacts the fourth serve, the referees direct a replay. Player #12 then serves for Team S and scores two points before the scorer notices the wrong server. Team S is preparing to serve again. Which is the appropriate action?
- A. Remove two points from Team S, put the players in the correct order, and allow Team S to continue serving.
  - B. Remove five points from Team S, put the players in the correct order, and award a point and the service to Team R.
  - C. Remove two points from Team S, put the players in the correct order, and award a point and the service to Team R.
  - D. Keep all the points scored, put the players in the correct order, and award a point and the service to Team R.
24. Which of the following is NOT legal?
- A. A medical alert medallion worn on a chain around the neck.
  - B. An insulin pump secured to the uniform shirt or shorts.
  - C. A heart monitor secured under a player's jersey.
  - D. A cochlear ear implant.
25. Player #3 is a back-row setter. She is trying to save a ball that has been passed into the plane of the net by a teammate. While the ball is in the plane of the net, the opposing blocker #17 and the back-row setter make simultaneous contact with the ball. What is the correct decision for the referees in this situation?
- A. Since the ball is in the plane of the net and may be legally played by either team, no fault has occurred, and play should continue.
  - B. An illegal back-row attack should be called against player #3.
  - C. An illegal back-row block should be called against player #3.
  - D. Interference should be called against the blocker (#17) since the setter (#3) has the first right to play the ball.
26. While checking the starting lineups for the second set, the second referee notices that #15 is listed as the Team S libero and is also listed as one of the six players in the starting lineup. How should the referees handle this situation since the error was not identified when the lineup was initially submitted?
- A. Allow the Team S coach to choose which position #15 will play, and then the coach can designate another player in the other position.
  - B. Inform the coach that #15 must play as a starting player rather than the libero and the team is not permitted to have a libero for this set.
  - C. Inform the coach that #15 cannot play as a starting player, and is the only libero allowed. A substitution must be made for the #15 listed on the starting lineup.
  - D. Inform the coach that #15 must play as a starting player rather than the libero, and the team may designate another player as libero for this set.
27. Team A's playing captain is #3 in the first set. Team A's lineup sheet for Set 2 does not indicate a playing captain. How should the referee determine which player will be the captain for Set 2?

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- A. Since no captain was designated on the lineup sheet, Team A will not be permitted to use a captain in this set.
  - B. The captain from Set 1 will remain captain until Team A designates a different captain.
  - C. The second referee should ask Team A's coach to designate a new captain for set 2.
  - D. The first Team A player to request an explanation from the referees will become the captain for this set.
28. Which of the following is NOT permitted during a time-out?
- A. An assistant coach enters the court to demonstrate a technique to a player.
  - B. Teams warm-up with practice balls on their own court or free zone.
  - C. All team members meet at the team bench.
  - D. All team members meet with the coach on the court.
29. If a back-row player near the net is reaching above the height of the net and opponents legally cause the ball to contact her, the player is considered...
- A. To be legal
  - B. To be an illegal blocker
  - C. To be an illegal attacker
  - D. None of the above
30. The first referee whistle to stop play, awards a point to Team R, and then signals an illegal back row attack by Team S. Team R's coach then ask for the team's first substitution, #6 for #4, and the second referee authorizes #6 to enter the court. Immediately following the substitution, the first referee realized that the Team S player who attacked the ball was a front row player and issues a mind change. The first referee signals a replay and indicates Team S will serve again. The coach for Team R now wants #4 to be returned to the court. What is the correct procedure for the referee?
- A. Deny the coaches request; #4 must play in at least one rally
  - B. Return #4 to the court for #6 and delete the substitution recorded when #6 entered.
  - C. Deny the coach's request and assess Team R an unnecessary delay warning.
  - D. Allow a substitution, #4 for #6 and charge a second team substitution to Team R.
31. Team S requests and is granted a substitution. After the substitution is completed, Team R requests and is granted a time-out. At the conclusion of the time-out, Team S request another substitution.
- A. Substitution
  - B. Unnecessary Delay Warning
  - C. Time-out
  - D. Unnecessary Delay Penalty
32. At the beginning of the second set, Team S is assessed an unnecessary delay warning for submitting a late lineup. Later in the same set, Team S's coach verbally requests a substitution after the first referee's whistle for service.
- A. Time-out
  - B. Unnecessary Delay Warning
  - C. Unnecessary Delay Penalty
  - D. Substitution
33. After Team S's third team hit, the ball enters the plane of the net where it is contacted simultaneously by R3 and S3.

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- A. Reaching over called on Team R
- B. Four hits called on Team S
- C. Replay
- D. No Fault; play continues

34. The Team S cheerleaders are located on the playing surface. A player from Team S chases a teammate's errant pass near the cheerleaders. A cheerleader catches the ball just as the Team S player tries to contact it.

- A. Replay
- B. Team R wins the rally
- C. Team S wins the rally
- D. Unnecessary delay warning

35. Team R #13 attacks the ball to Team S's court for a point. After the ball hits the floor, R #13 shouts loudly through the net at the Team S blockers.

- A. Unnecessary Delay warning
- B. Individual yellow card
- C. Time-out
- D. Team S wins the rally

36. A Team R player makes the team's second contact while leaning over the score table with one foot on the playing surface. The ball is directly above the score table when the player contacts it.

- A. Team S wins the rally
- B. Team R wins the rally
- C. Replay
- D. No fault; play continues

37. Team R's second contact comes to rest on an overhead obstruction above that team's playing area.

- A. Unnecessary delay warning
- B. Replay
- C. Time-out
- D. Individual yellow card

38. A substitute for Team R enters the substitution zone, and the second referee whistles to acknowledge the substitution request. As the substitute awaits the second referee's authorization to enter, the head coach says that a substitution is not wanted at this time and asks to withdraw the request.

- A. Withdraw request and issue Unnecessary Delay Warning
- B. Substitution
- C. Time-out
- D. Team S wins the rally

39. At the start of the third set, Team R is assessed an unnecessary delay warning for submitting a late lineup. Later in the same set after Teams S has won a number of points in a row, a Team R player purposely unties her shoelace to delay the match.

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- A. Time-out
- B. No fault
- C. Team S wins the rally
- D. Unnecessary Delay penalty

40. R4 attacks the ball and lands with one foot beyond the center line, encroaching completely into Team S's court. R4 does not make contact with any Team S player, but S3 must step around R4's foot as she moves into position to play the ball.

- A. Individual yellow card
- B. No fault
- C. Team S wins the rally
- D. Team R wins the rally

41. As a player saves a ball near the net post, the player contacts the portion of the net outside the antenna.

- A. Net fault
- B. No fault
- C. Unnecessary delay
- D. Substitution

42. The ball is entirely above the top of the net when R5 sets the ball from the front zone in the direction of R3. R3 attempts to hit the ball, but misses it. The ball goes over the net with no further contact by either team and lands on the floor of Team S's court.

- A. Illegal block on team R
- B. Illegal attack on team R
- C. Team R wins the rally
- D. No fault

43. Both the libero and the regular team members are wearing multiple colored jerseys that clearly contrast. What is the correct action?

- A. Allow the team to play with no penalty
- B. Allow the team to play without a libero
- C. Allow both the libero and regular team members to play, but charge them with an unnecessary delay warning
- D. Allow team to play, but award a point to their opponents.

44. Immediately after receiving an unnecessary delay warning for substitution, the head coach for Team S requests the team's second time-out.

- A. Unnecessary delay warning
- B. Unnecessary delay penalty
- C. Time-out
- D. Team R wins the rally

45. After Team S's second team hit, the ball enters the plane of the net where it is contacted simultaneously by R3 and S3. The ball then rolls along the top of the net and into the antenna.

- A. No fault; play continues
- B. Team R wins the rally
- C. Replay

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D. Team S wins the rally

46. The Team S coach repeatedly addresses the second referee regarding the first referee's ball handling decisions.

- A. Unsporting yellow or red card sanction
- B. Time-out
- C. Unnecessary delay
- D. No fault; play continues

47. Which statement below describes a situation in which blockers cannot legally contact a ball that is entirely on the opponent's side of the net?

- A. After the third contact by the opponent
- B. When simultaneously contacting the ball with the attacker
- C. After an attack hit by the opponent
- D. When, in the first referee's opinion, no opponent is near the ball to legally play it.

48. Where can the coach stand?

- A. Behind the end line
- B. Inside the substitution zone
- C. Between the substitution zone and the end line and 6 feet back from the court
- D. 1.85 meters from the court

49. R3 attacks the ball and lands with the heel of her foot on the centerline and the rest of her foot in the opponent's court. S4 attempts to block the attack and lands with her foot on top of R3's, partially on/over the centerline. Neither player is impeded from making the next play.

- A. Replay
- B. No fault; play continues
- C. Team S wins the rally
- D. Team R wins the rally

50. Team S's libero handsets a ball while standing on the 10-foot line. S6 attacks the ball while completely above the height of the net from behind the 10-foot line.

- A. Team R wins the rally
- B. Replay
- C. Team S wins the rally
- D. No fault; play continues.

51. Time outs duration.

- A. 45 seconds
- B. 30 seconds
- C. 1 minute
- D. 2 minutes

52. During the interval between sets, players from Team A warm up with practice balls on their playing court. The referees allow this action.

True or False



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53. As the referees checks the game ball prior to the match, they notice that the game ball is the “dimpled” style instead of having smooth panels. The referees allows this game ball to be used during the match.  
True or False
54. Team A passes the ball into the body of the net. Team B player, who is near the net, intentionally reaches to place a hand in the path of the ball. The ball hits the net and the Team B player’s hand, and then rebounds to the floor. The second referee whistles and signals a net fault on the Team B player.  
True or False
55. It is legal for a player to kick the ball.  
True or False
56. Multiple coaches are allowed to stand during play when benches are present.  
True or False
57. The second referee is allowed to whistle an antenna fault on his/her side of the court.  
True or False
58. The second referee whistles ball handling faults.  
True or False
59. The score for a 3rd set of a GHSA region/area varsity match is 25 points.  
True or False
60. The ball is passed into a vertically hanging basketball goal. The referee allows play to continue.  
True or False
61. The number 00 is an legal number.  
True or False
62. Time outs last 60 seconds. A warning whistle is at 45 seconds.  
True or False
63. Team S's coach protest a rule application by calling a timeout. The rulebook is consulted and the first referee's decision was incorrect. (The first referee called Team S for an illegal attack and awarded Team R the point) What is the correct result?
- A. Team S wins the rally
  - B. Team R wins the rally
  - C. Timeout
  - D. Replay
64. Immediately after service contact by S1, the second referee whistles a position fault on Team R. The served ball hits the net and does not cross it. After verifying Team R’s lineup with the scorer, the second referee realizes that no position fault was committed by Team R.
- A. Team S wins the rally
  - B. Replay

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- C. Team R wins the rally
- D. No Fault; Play continues

65. Team S's coach continually enters the sub zone to talk to his/her players after being asked to stay out of the sub zone.

- A. No Fault; Play continues
- B. Individual red card
- C. Unnecessary delay or Individual yellow card
- D. Team R wins the rally

65. Team A hits a ball out on Team B's side. The line judges call out. The first and second referee signals ball out. Team B blocker says, "I touched the ball." What action does the first referee take.

- A. Accept the honor call; PTS to Team A
- B. Do not accept the honor call; PTS to Team B
- C. Yellow or red card
- D. Replay

66. The team can start at match with five players.  
True or False

67. The centerline can be a shadow line.  
True or False

68. The referee stops play due to an injury. What action is allowed before play restarts?

- A. Substitution only for the injured player
- B. Time out only by the team with the injury
- C. Libero replacement only for the injured player
- D. All of the above

69. The team is issued a unnecessary delay for a substitution. The referees allow the team to complete the substitution request.  
True or False

70. Unsportsmanlike cards carry over from set to set.  
True or False

71. Unnecessary delay cards carry over from set to set.  
True or False

72. The solid colored jersey rule does not exist. The libero jersey and the teams jersey must clearly contrast.  
True or False

73. The number 0 is allowed.  
True or False

74. What position does a line judge take when the player serves within 2 or 3 feet of the line judge?

- A. shall take their position and move in line with the extension of the end line.
- B. move directly back in line with the sideline.

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- C. stand directly behind the server
- D. take a position close to the bench out of the way

75. The regular players are wearing yellow jerseys. The libero is wearing a white jersey. The referee allows the team to play.

True or False

76. The server tosses the ball into a vertical hanging basketball goal. The referee signals...

- A. delay warning
- B. illegal serve and awards to ball to the opponents
- C. replay
- D. delay penalty

77. All 9<sup>th</sup>, JV, and varsity matches play the third set as the following.

- A. 25 points, switch at 13 points
- B. 15 points, switch at 8 points
- C. 15 points, do not switch
- D. 25 points, do not switch

78. A molded protective face mask made of hard material during play is allowed.

True or False

79. The official will rotate their forearms around each other with closed hands to signal substitution.

True or False

80. The penalty for failure to submit the team roster during the pre-match conference.

- A. Rally/Point penalty
- B. Unnecessary delay (yellow card)
- C. Unnecessary penalty (red card)
- D. Unsportsmanlike conduct card (yellow card)

81. Coach is allowed to correct a submitted lineup if it lists a libero number that no team member is wearing without penalty.

True or False

82. When teams have exhausted their 18 team substitutions or when no legal substitutes are available, an exceptional substitution is permitted only for an injured/ill player.

True or False

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83. When teams have exhausted their 18 team substitutions or when no legal substitutes are available, an exceptional substitution is permitted only for an injured/ill player.
- A. By a teammate who has never played in the set or a player who has played in that position earlier in the set
  - B. By any legal teammate on the bench, regardless of previous position played
  - C. The libero may be used if no other possible substitute exists
  - D. All of the above
84. Exceptional substitutions counts as a team substitution if the team has not exhausted its 18 team substitutions  
True or False
85. A single mascot reference and/or school name may be placed on the sleeve(s), not to exceed either 4 inches by 4 inches or 3 inches by 5 inches.  
True or False
86. A yellow card issued for unsporting conduct to the head coach, assistant coach(es) or team bench will no longer require the coach to remain seated.  
True or False
87. Which unsporting conduct to the head coach, assistant coach(es) or team bench will require the coach to remain seated for the remainder of the match.
- A. Unsporting conduct warning (yellow card)
  - B. Unsporting conduct penalty (red card)
  - C. Unnecessary delay (yellow card)
  - D. Unnecessary penalty (red card)
88. Two liberos may be designated per set and shall be designated on the lineup sheet prior to each set  
True or False
89. Head coverings worn for religious reasons are not considered hair devices. They must be made of non-abrasive or soft materials; and must fit securely. They do not need authorization from the state association to be worn.  
True or False
90. Head coverings worn for medical reasons require state association approval.  
True or False
91. With the new covid guidelines, NFHS has choose to make a rule where teams will not switch sides between sets.  
True or False
92. The penalty for failure to submit the lineup no later than two minutes prior to the end of the timed prematch warmup and one minute prior to the end of the timed interval between sets.
- A. loss of rally/point penalty
  - B. administrative yellow card
  - C. Time out

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### D. Substitution

93. GHSA will not approve the gray and/or bright blue (cyan) in addition to the white short or long-sleeved polo-style shirts.

True or False

94. Coach states they do not have padding for the poles that hold the net or referee stand. The referee allows play to take place.

True or False