## Attention Wrestling Coaches

- The GHSA will again utilize the National Wrestling Coaches Association (NWCA) Optimal Performance Calculator (OPC) as the mechanism for establishing the lowest allowable weight for each wrestler and as the data reporting and retrieval site for all member schools fielding wrestling teams. All GHSA schools with wrestling programs <u>MUST</u> join the NWCA and the fee is \$30.00 for the school year. If paying by check, the check must be made *payable to the NWCA* and mailed to the address given on the application below.
- If registering as an individual be sure to indicate the GHSA school where you coach. Your school and /or personal membership will be credited to the school in compliance with the rules.
- Coaches will not be able to enter their competition schedule or print weigh-in forms and athletes will not be able to compete until they have successfully participated in an initial assessment and their name and data are included in the OPC.

TO REGISTER:

- 1. Online
  - a. Go to http://www.nwcaonline.com/register/beginopcschoolreg.cfm
  - b. Payment must be by credit card
- 2. By mail
  - a. Complete form
  - b. Submit payment (by check only)

## 2014-2015 Georgia Weight Management Membership Application "CHECKS ONLY"

School Name:			
Athletic Director Name:			
School Address:			
City:	_State:		Zip:
School Phone:	_ AD Em	ail:	
Head Coach Name:			
Coach Address:			
City:			
Daytime Phone:		Home Phone:	
Head Coach Email:			
Email Address to be used to Receive OPC Access Code:			
Address to mail receipt (please circle):	Home	School	
Please note: The NWCA will not provide access codes to a coach over the phone.			

## Payment Method

OPC Access Cost: \$30 per school (includes a free NWCA Membership)

Payment Method Check

Check #

\*\*\* Mail Checks to: NWCA, 1976 Auction Road, PO Box 254, Manheim, PA 17545 \*\*\*

Payment Questions Email: Amy DiCato--<u>adicato@nwca.cc</u> NWCA Phone Number: 717-653-8009

## NWCA Use Only

OPC Access Code Number:\_\_\_\_\_
Dates Codes were sent:\_\_\_\_\_ Method Sent:\_\_\_\_\_